**Curriculum Related Expectations**

HT1-3 Buddhist Beliefs and Practices

**Students can define the following terms:**

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| --- | --- | --- |
| Buddhism | Meditate | Skilful |
| Buddhist | Noble Truths | Unskilful |
| Atheist | Four Sights | Buddha |
| Dukkha | Precepts | Dhammapada |
| Anicca | Dhamma | Insight |
| Anatta | Reincarnation | Ethics |
| Karma | Eightfold Path | Wisdom |
| Samsara | Magga |  |
| Nirvana | Middle Way |  |
| Enlightenment | Rebirth |  |

**Students know:**

* The origins of Buddhism
* How the Buddha became enlightened
* What the Buddha discovered when he reached enlightenment
* What the Buddha taught to allow others to reach enlightenment including: 3 Marks of Existence, Four Noble Truths, Eightfold Path, Five Precepts, Meditation
* Buddhist beliefs on life after death
* Buddhist views on importance of meditation
* What it means to be a good Buddhist

**Students can:**

* Identify the origin of Buddhism
* Explain how the Buddha became the enlightened being using key teachings and vocabulary
* Explain what the different Buddhist teachings are
* Evaluate why some of the teachings such as the Eightfold Path may be difficult to follow
* Apply their own beliefs on life after death and compare these to Buddhist views