

CAMPSMOUNT



3<sup>rd</sup> October 2023

Dear Parent,

I hope this letter finds you in good health and high spirits. I wanted to take a moment to share an exciting event that we have planned at our school to raise awareness of World Mental Health Day, which is on October 10th, 2023.

World Mental Health Day is an internationally recognised day dedicated to raising awareness about mental health issues and promoting mental well-being. It is an important occasion to remind ourselves of the significance of mental health and the need to support those who may be struggling.

To contribute to this important cause, our school will be organizing the following activities:

**Pin Badge Sale:** We will be selling World Mental Health pin badges for £1 each. These badges are not only a symbol of solidarity with those facing mental health challenges but also a way to show your support for the cause. All proceeds from the pin badge sales will be donated to the Mental Health Foundation. Badges will be on sale next week during ASPIRE time and at the start of the school day.

**Wear Yellow or Green Day:** On October 10th, 2023, we invite all students and staff to participate in our "Wear Yellow or Green Day." We encourage your child to wear an item of yellow or green clothing on this day to show their support for mental health awareness. To take part, we are asking students to donate £1 (or any amount they are comfortable with), which will also go towards the Mental Health Foundation's initiatives.

We believe that these activities will not only raise funds for a worthy cause but also foster a sense of community and empathy within our school. It's a wonderful opportunity for students to learn about the importance of mental health and contribute to a cause that affects so many lives.

If you would like your child to participate in the "Wear Yellow or Green Day," please ensure they bring their donation on October 10th, 2023. You can also support this initiative by purchasing one or more of our World Mental Health pin badges. We appreciate your support in making this event a success and helping us spread awareness about mental health. Together, we can make a positive impact on the well-being of our community and beyond.

Thank you for your continued support.

Yours Faithfully,

Mental Health Foundation

JSelf

Jamie Self Leader of Personal Development and Teacher of Science

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Ian Midgley MaEd, BSc (Hons), PGCE Principal Ryecroft Road, Norton, Doncaster DN6 9AS Tel: 01302 700002 Email: info@campsmount.com <u>www.campsmount.com</u> @CampsmountAcad

