



# Year 8 RS and Life Skills Plan 2023-2024

Half Term 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Holiday	
	British Values	Introduction to Islam	Life Skills – Drugs / Cannabis	Assessment window	Life Skills – Alcohol	What are the 5 pillars of Islam?	Life Skills – Managing influences		
Half Term 2	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Holiday
	How do Muslims worship?	Life Skills – Equality Act	Why is hajj important?	Life Skills – stereotypes and discrimination	Why is Sawm important?	Life Skills – Setting aspirational goals	How do Muslims dress?	Catch up lesson if lessons are missed due to assessment	
Half Term 3	Week 16	Week 17	Week 18	Week 19	Week 20	Holiday			
	What are stereotypes in Islam?	Life Skills - What is discrimination?	Islam Assessment?	Life Skills – Discrimination and disabilities	What is challenging about being a Muslim teenager in Britain?				
Half Term 4	Week 21	Week 22	Week 23	Week 24	Week 25	Week 26	Holiday		
	How did the Buddha become enlightened?	Life Skills – Mental health and misconceptions	What did the Buddha discover?	Life Skills – Promoting wellbeing	What are the Buddha’s teachings like in action?	Life Skills – Self Harm			
Half Term 5	Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Holiday		
	What is the Eightfold Path?	Life Skills – Gender identity and sexual orientation	What does it mean to be a good Buddhist?	Life Skills – consent and healthy relationships	What do Buddhists believe about life after death?	Life Skills – contraception			
Half Term 6	Week 33	Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	Summer Break up	
	What do Buddhists believe about life after death?	Life Skills - gambling	What is the significance of meditation?	Life Skills – Online Safety	What goes on a shrine?	Life Skills – Accounts and Money	End of Year Quiz		