



Year 11 RS and Life Skills Plan 2023-2024

Half Term 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Holiday	
	Exam Stress Management		How to manage sleep		Healthy coping strategies		Blank due to PPEs being in effect at some point this HT.		
Half Term 2	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Holiday
	Online Blackmail		Harassment and Stalking		Payslips and taxation		Gender and sexual orientation		
Half Term 3	Week 16	Week 17	Week 18	Week 19	Week 20	Holiday			
	Relationship abuse		Parental responsibilities		Fertility				
Half Term 4	Week 21	Week 22	Week 23	Week 24	Week 25	Week 26	Holiday		
	Pregnancy and miscarriages		Loss, grief and bereavement		Organ Donation				
Half Term 5	Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Holiday		
	Revision Strategies		Revision Strategies		EXAMS				
Half Term 6	Week 33	Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	Summer Break up	
	EXAMS		EXAMS		EXAMS				