



CAMPSMOUNT

20th September 2024

Dear Parent,

I am excited to share the news of our newly established Wellbeing Hub at Campsmount Academy, designed to better support the physical and mental health needs of our students. As part of this important initiative, we have welcomed a full-time, fully qualified Young Person's Counsellor to our team. The counsellor will be available to offer support through drop-in sessions during break and lunch times, also via a self-referral process. Students can self-refer by completing an online form or by collecting a referral form from the Wellbeing Hub.

On Thursday 10th October, we will be celebrating World Mental Health Day. This is a wonderful opportunity to remind young people that they are not alone with their mental health and to raise as much awareness as possible. This year, we are celebrating with the theme 'Hello Yellow', as organised by the charity Young Minds.

On this day, we invite students to wear an item of yellow alongside their uniform—whether it's yellow socks, a headband, a jumper, or something similar. If possible, we kindly ask for a small donation of £1, which will go towards supporting Young Minds in their valuable work. The day will be filled with activities for students to enjoy and, more importantly, opportunities to talk to one another and promote positive mental health.

We are also pleased to share that we have had a very positive few weeks, and our whole school attendance has greatly improved. Please continue to support us by ensuring your child attends school every day, on time, and ready to learn.

If you would like to learn more about Young Minds, or are seeking advice and support around mental health, I encourage you to visit their website: [YoungMinds | Mental Health Charity For Children And Young People](https://www.youngminds.org.uk/).

Finally, if you have any concerns regarding your child, below is a reminder of some key staff in school who are always happy to support.

- **Year 7: Mrs Elmes**
- **Year 8 and Year 9: Mrs Bentley**
- **Year 10 and Year 11: Mr Makings**
- **School SENCO: Mrs Filippo**
- **Designated Safeguarding Lead: Mr Broad**

Thank you for your ongoing support.

Yours Sincerely,

Miss J Proctor
Headteacher

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