



CAMPSMOUNT

Dear Parent

As part of our ongoing commitment to ensuring the safety and well-being of our students, we would like to bring your attention to a troubling and dangerous trend known as 'chroming' or 'huffing' that has been growing in popularity among teenagers. It is currently trending on the TikTok social media platform.

Chroming refers to the act of inhaling fumes from aerosol products, paints, or other household chemicals in order to get a short-lived high. This activity poses severe health risks and can have serious, even fatal, consequences. Huffing these substances can cause immediate damage to the brain, lungs, heart, and other vital organs. In some cases, it can lead to sudden death, even after just one instance.

As parents, it is crucial to be aware of this issue and to recognise the warning signs that may indicate your child is engaging in chroming or huffing. These signs may include:

- Unusual Smells: Chemical or solvent-like odours on your child's clothes, breath, or in their room.
- Physical Symptoms: Drowsiness, slurred speech, headaches, dizziness, or frequent nosebleeds.
- Behavioural Changes: Increased secrecy, unexplained mood swings, and isolation from family and friends.
- Stains on Clothes or Hands: Paint or other substances on their face, hands, or clothing that can't be explained.
- Empty Aerosol Cans or Household Products: Missing or empty containers of deodorant, paint, or cleaning products.

If you suspect your child may be experimenting with chroming or huffing, it is important to approach the situation with care and understanding. Open a conversation about the dangers of inhalant abuse, and provide them with factual information about the long-term harm this behaviour can cause.

We also encourage you to monitor and store potentially harmful products securely in your home and discuss the importance of making healthy choices. If you are concerned that your child may need professional help, please reach out to school or your healthcare provider.

Together, we can work to prevent this dangerous trend from affecting our students. Please do not hesitate to contact us if you have any concerns or need further information.

Yours sincerely

A Broad
Deputy Headteacher / Designated Safeguarding Lead

Jordanna Proctor Headteacher
Ryecroft Road, Norton, Doncaster, DN6 9AS
Tel: 01302 700002

Email: info@campsmount.com www.campsmount.com



CampsmountAcad



Campsmount Academy



Campsmount Academy

Part of Leger Education Trust

