



# CAMPSMOUNT

5<sup>th</sup> November 2024

Dear Parents,

As a part of your child's education at Campsmount Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme, also known as our Life Skills lessons. PSHE / Life Skills education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Life Skills lessons are part of your child's timetable, where we will be covering many diverse topics. In line with statutory guidance, we will also be covering RSE in the Life Skills curriculum. Your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Some of the RSE lessons will cover the following topics: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE / Life Skills education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: ([Campsmount Academy - Curriculum - Life Skills](#)) for more detail about our Life Skills curriculum. Here you will be able to see what is being taught each week and be able to support any discussions with your child. All Life Skills teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, please contact me on 01302 700002 or email [info@campsmount.com](mailto:info@campsmount.com).

Yours sincerely,

Miss C Gitsham  
Associate Assistant Headteacher  
Lead Practitioner of RS and Life Skills

