

Subject: PE

Head of Dept/Faculty: Mr A Pitman

Qualification: Pearson BTEC Level 1/Level 2 First Award in Sport	Exam Board: Pearson Edexcel	Exam/NEA Split: 25% exam, 25% synoptic assessment and 50% coursework.	
Unit 1: Fitness for Sport and Exercise External exam onscreen test - 75 minutes, 60 marks 25% of total qualification	Unit 2: Practical Performance in Sport Coursework/Practical element. 25% of total qualification	Unit 3: Applying the Principles of Personal Training Internal assessment Coursework/practical element. 25% of total qualification.	Unit 6: Leading Sports Activities – coursework/practical element. 25% of total qualification.
<p>Summary:</p> <p>This course provides an engaging and relevant introduction to the world of sport. It incorporates important aspects of the industry, such as fitness testing and training for sport and exercise, the psychology of sport, practical sports performance and sports leadership. It enables you to develop and apply your knowledge, while also developing a range of relevant practical, communication and technical skills. The qualification is 120 GLH, which is the same size and level as a GCSE, and is aimed at everyone who wants to find out more about the sport industry. You will study three mandatory units, covering the underpinning knowledge and skills required for the sports sector:</p> <ul style="list-style-type: none">● fitness for sport and exercise● practical performance in sport● applying the principles of personal training. <p>You will build on the knowledge gained in the mandatory units by choosing one further unit, covering areas such as:</p> <ul style="list-style-type: none">● the mind and sports performance● the sports performer in action● leading sports activities. <p>How will I be assessed? You will carry out tasks/assignments throughout the course. Your teacher will mark these, and so you will receive feedback as to how you are getting on. For the assessment for Unit 3 Applying the Principles of Personal Training, you will be able to draw on the knowledge, skills and understanding you have developed in the qualification as a whole. The assessment for Unit 1: Fitness for Sport and Exercise is an onscreen test which is marked by Pearson.</p> <p>For further information go to: https://qualifications.pearson.com/en/qualifications/btec-firsts/sport-2012-nqf.html</p>			