



Sport Centre

May 2021

It has been great to see so many new and current members keen to resume exercise following our re-opening last month. We hope you have worked back into your training programs with relative ease. Any issues you may have with your regime, please feel free to discuss with myself, Sophie or Jacob. We are here to help.

Classes

Zumba and Circuits have taken place outdoors, which has proved popular, despite inclement weather at times.

From May 17th indoor classes may resume. This will include YOGA on Wed 19th 6-7.30pm. Please book your place via messenger or email. Once back with us you will be able to download the CLubLink app which will enable you to book classes as well as communicate with us directly.

Sportshall

The rule of 6 will be in place indoors for adult sport from May 17th. Any updates provided by Sport England in relation to this will be communicated to our sports hall users immediately.

We are sure you will have a great month of activity and sport at Campsmount.

Rob Watkinson
Sports Centre Manager



Opening Times

Mon - Thur: 4pm-9pm

Fri: 4pm-8pm

Sat: 9am-2pm

Please feel free to contact us using the details below for further information, to book for fitness classes or to hire any of our facilities.

Contact us:

Rob Watkinson
Sports Centre Manager
rwa@campsmount.com
FB @CampsmountSportsCentre